

**WE WILL BE PLEASED TO ADJUST THE STRENGTH OF ANY OF OUR DISHES TO SUIT YOUR TASTE OR EVEN PREPARE A DISH NOT ON THE MENU FOR YOU AT YOUR REQUEST**

## RICE

*All rice dishes available in large size for extra £1.00 each*

<b>Boiled Rice</b> (steamed plain basmati rice) .....	3.00
<b>Pilau Rice</b> (basmati rice cooked in milk perfumed with saffron and spices) .....	3.00
<b>Special Rice</b> (cooked with eggs, peas & subtle spices) .....	4.00
<b>Mushroom Rice</b> .....	4.00
<b>Vegetable Rice</b> .....	4.00

## NAN BREAD

*A nan is a flat bread baked in the tandoor (clay oven) each comes out piping hot and is brushed with butter, slightly chewy, flakey and even a little crunchy. Nans will enhance your dinner whether eaten with our entrees or as an appetiser on its own.*

<b>Nan</b> (wheat flour dough baked in a clay oven) .....	3.00
<b>Peshwari Nan</b> (stuffed with coconut almonds & sultanas) .....	3.00
<b>Keema Nan</b> (stuffed with minced lamb) .....	3.00
<b>Cheese Nan</b> (Monteray Jack and Cheddar cheese baked into the nan) .....	3.00
<b>Garlic Nan</b> .....	3.00
<b>Garlic &amp; Cheese Nan</b> .....	3.50
<b>Tandoori Roti</b> (leavened bread baked in a clay oven) .....	3.00
<b>Paratha</b> (unleavened bread, buttered and baked) .....	3.00
<b>Chapati</b> .....	2.20
<b>Chips</b> .....	3.00

## DRINKS

<b>Coke Can</b> .....	1.00
<b>Bottle (1.5 ltr)</b> .....	3.00

### ALLERGEN ADVICE:

**PLEASE ASK BEFORE ORDERING OR CHECK WEBSITE**  
Dairy and Nuts are used in many of our dishes  
We do not use MSG

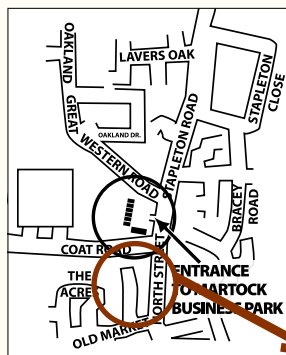
**SET MEALS COME AT A DISCOUNTED PRICE, ANY CHANGES WILL INCUR A CHARGE OF 50p + THE PRICE DIFFERENCE**

### SET MEAL FOR 1 PERSON

**Starter:** Onion Bhaji  
**Main:** Chicken Kurma,  
Pilau Rice, Nan **£15**

### SET MEAL FOR 2 PEOPLE

**Starter:** Chicken Tikka, Onion Bhaji  
**Main:** Chicken Tikka Masalla  
Chicken Bhuna, Pilau Rice (2)  
Garlic Nan (1) Papadom (2) **£30**



HOW TO FIND US  
**AYSHAS**  
IS AT NUMBER 3  
MARTOCK BUSINESS  
PARK

**Aysha's**  
**INDIAN**  
**TAKEAWAY**

**WE SPECIALISE IN LARGE PARTIES**

PUBLISHED MARCH 2016

# Aysha's

## INDIAN TAKE AWAY MARTOCK

**01935 826464**  
**01935 826416**

3 MARTOCK BUSINESS PARK  
NORTH STREET, MARTOCK  
SOMERSET TA12 6ER

**www.ayshas.co.uk**

### OPENING TIMES

Evening:  
5.00 - 10.00 pm

**7 days a week**  
**(including Bank Holidays)**

WE CATER FOR LARGE PARTIES

*Card Payments cannot be accepted in the shop - they are accepted online ONLY*

**ORDER AND  
PAY ONLINE  
OR WITH  
OUR APP**

**PLEASE NOTE:**

All our dishes are cooked to order and the timing given is only an estimate. The actual time to cook your order may vary especially during busy times.  
**WE THANK YOU FOR YOUR PATIENCE**

## PAPADUMS & CHUTNEYS

Papadum .....	0.80
Mango Chutney .....	0.80
Lime Pickle .....	0.80
Mint Yoghurt .....	0.80
Coconut Chutney .....	0.80
Onion Salad .....	0.80

## STARTERS

(Comes with salad & mint yoghurt)

Onion Bhaji.....	3.90
<i>Finely chopped onion mixed with lentils, chickpea flour &amp; a selection of herbs and spices shaped into balls and deep fried</i>	
Meat or Veg Samosa <i>Triangular savoury pastry parcels</i> . . .	3.90
<i>Triangular savoury pastry parcels stuffed with either lamb or vegetables</i>	
Chicken Tikka <i>Marinated ,mild spices &amp; charcoal barbecued</i> . .	4.90
Chicken Tikka & Cheese .....	5.90
Tandoori Chicken <i>(on the bone) cooked in a clay oven</i> . . . .	4.90
Sheek Kebab <i>Spicy minced lamb cooked in a tandoori oven.</i> . . .	4.90
Lamb Tikka <i>Tender diced lamb marinated with mild spices.</i> . . . .	5.90
Mixed Kebab <i>Chicken tikka, lamb tikka and sheek kebab</i> . . . . .	6.50
Tandoori King Prawn <i>Marinated and cooked in a clay oven</i> . . . . .	6.50

## TANDOORI MAIN DISHES

(Comes with salad & mint yoghurt)

*Tandoori & Tikka dishes are not curries. They are marinated, skewered and slow roasted in a Tandoor (clay oven) which gives an exquisite smoked flavour to meat.*

Chicken Tandoori (on the bone).....	8.50
<i>Leg &amp; breast portion of chicken marinated in a blend of yoghurt &amp; ground spices</i>	
Chicken Tikka .....	8.50
Chicken Shaslick .....	10.90
<i>Chicken flavoured spices &amp; cooked with onions,green peppers &amp; tomato</i>	
Lamb Tikka .....	8.90
Tandoori Mixed Grill .....	10.90
<i>A meat lovers dream . A combination of grilled chicken tikka, lamb tikka, tandoori chicken &amp; sheek kabab.</i>	
Tandoori King Prawn.....	10.90
<i>King Prawns marinated with yoghurt and spice and cooked in a clay oven</i>	

## CHICKEN DISHES

Cooked with Tikka Chicken

Chicken Tikka Masala .....	8.90
<i>Cooked in a rich tomato sauce with fresh cream, spice and herbs.</i>	
Chicken Pasanda .....	8.90
<i>Cooked with almonds, cashew nuts, fresh cream, yoghurt and selected mild spices</i>	
Chicken Rezella .....	8.90
<i>A well spiced medium to mild strength dish, cooked with yoghurt, onions and green peppers</i>	
Chicken Jalfrezi .....	8.90
<i>Cooked with fresh green chillies, coriander, onions, green peppers and special herbs - HOT</i>	
Garlic Chilli Chicken .....	8.90
<i>Cooked fairly HOT with green chilli, garlic, tomatoes and special spices</i>	
Butter Chicken .....	8.90
<i>Cooked in a tomato sauce with garlic, butter and fresh cream. A special medium/mild dish</i>	
Chicken Tikka Balti .....	8.90
<i>A medium spice dish cooked with onion &amp; green pepper (Nan NOT included)</i>	
Chicken Tikka Bengal Flame .....	8.90
<i>A hot curry, cooked with potato in a special chilli sauce. Madras or Vindaloo</i>	

## CLASSICAL CURRY DISHES

Cooked with normal chicken or lamb

	CHICKEN	LAMB
Kurma .....	7.90	8.90
<i>A delicate preparation of cream, yoghurt and spices producing a very mild but rich, creamy texture. A flavour palatable for every constitution.</i>		
Bhuna .....	7.90	8.90
<i>A thoroughly garnished dish with onion, garlic, tomato and a few selected spices. Extensively treated to provide a dish of Medium strength.</i>		
Madras .....	7.90	8.90
<i>Another most popular dish of south Indian origin. A rich, fairly HOT taste</i>		
Vindaloo .....	7.90	8.90
<i>A south Indian dish cooked with potato, extravagantly HOT! Only suitable for those with a strong constitution.</i>		
Rogan Josh.....	7.90	8.90
<i>A special preparation with green peppers and garlic, garnished with tomatoes. A little dry.</i>		
Dansak .....	7.90	8.90
<i>A beautiful combination of spices with lentils, garlic, lemon producing a HOT, SWEET &amp; SOUR taste</i>		
Pathia .....	7.90	8.90
<i>Garlic, onion, tomato puree, red chilli, lemon are extensively used to give a HOT, SWEET &amp; SOUR taste</i>		
Saag.....	7.90	8.90
<i>Medium strength with spinach and lots of garlic</i>		

## BIRYANI DISHES

(Comes with Vegetable Curry)

*Biryani is the most royal of rice dishes.*

*The rice is slow cooked with a variety of herbs and spices*

Chicken Tikka Biryani .....	9.90
Lamb Biryani .....	9.90
Vegetable Biryani .....	7.90

## SEAFOOD DISHES

King Prawn Saag .....	10.90
<i>Medium strength with spinach and lots of garlic</i>	
King Prawn Delight .....	10.90
<i>A mild dish cooked with coconut, cashew nuts and cream</i>	
King Prawn Bengal Flame .....	11.90
<i>A hot curry, cooked with potato in a special chilli sauce. Madras or Vindaloo</i>	
Tandoori King Prawn Massala.....	11.90
<i>King prawns cooked in a rich tomato sauce with fresh cream, spice and herbs.</i>	

## VEGETABLE MAIN DISHES

**SEE ALSO VEGETABLE SIDE DISHES, BELOW, ALL OF WHICH ARE ALSO AVAILABLE AS MAIN DISHES AT £5.90 EACH**

Vegetable Korma .....	5.90
<i>Made with cream, yoghurt and spices - mild and creamy</i>	
Vegetable Dansak.....	5.90
<i>A combination of spices, lentils, garlic, lemon producing a HOT, SWEET &amp; SOUR taste</i>	

## VEGETABLE SIDE DISHES

**All Side Dishes also available as Main dishes at £5.90 each**

*Each of these vegetarian curries is delicately and carefully cooked using only the finest ingredients, including fresh herbs and hand-crushed spices. Be sure to order some warm nans and/or some rice and really enjoy these entrees the way they are meant to be.*

Mixed Vegetable Curry .....	4.00
Mushroom Bhaji .....	4.00
Bombay Aloo (potatoes) .....	4.00
Sag Aloo (spinach & potatoes) .....	4.00
Chana Masalla (chickpeas tempered with ginger garlic & fenugreek) ..	4.00
Sag Bahji (spinach) .....	4.00
Tarka Dall (lentil & tumeric stew tempered with garlic and cumin) ...	4.00
Motor Paneer (Indian cheese - A mild dish cooked with peas) .....	4.00
Sag Paneer (Indian cheese - cooked with spinach) , .....	4.00